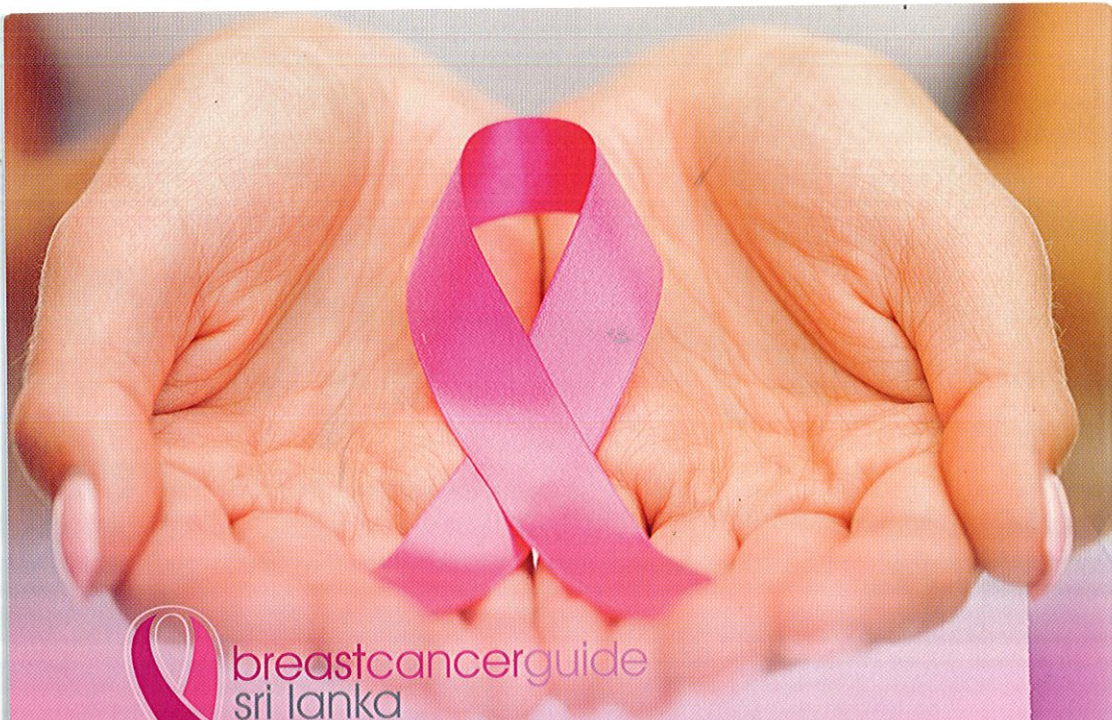


Breast Cancer GUIDE



Prof. M. H. Jayantha Ariyaratne

MBBS(Col.), MS(Col.), FRCS(Eng.), FRCS(Ed.)



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It is a pity that the exact causes of most human cancers are not yet known to us. Consequently prevention remains unrealistic to a great extent.

Fortunately most cancers if detected at their early stages, the outcome will become more beneficial for the patients and their relatives. The agony of a malignancy could be managed with more effective therapy.

The sole intention of this booklet is to guide the vulnerable females how to detect their suspicious breast lumps at an early stage in order to minimize the morbidity and mortality of advanced malignant disease.

Prevention is better than cure. When prevention is impossible, early detection is the best.

Prof. M. H. J. Ariyaratne

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